

# OCTOBER | 2025

## Bulk School Lunch



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 Buffalo Ranch Chicken Sandwich WG Bun Mashed Potatoes Broccoli Florets Banana Milk	2 Cheeseburger Mac Steamed Carrots WG Roll Celery Sticks Applesauce & **Craisins Milk	3 Pizza Romaine Grape Tomatoes Apple Cookie Cheese Stick Milk
6 Stuffed Shells/Marinara Mixed Vegetables Broccoli Florets Pear Milk	7 Sloppy Joes WG Bun Steamed Carrots Fruitables Sidekick & Craisins Milk	8 BBQ Chicken Cheesy Mashed potatoes Cornbread Baby Carrots Goldfish Banana Milk	9 Hot Dog WG Bun Baked Beans Celery Sticks Orange Milk	10 Pizza Romaine Grape Tomatoes Apple Cookie Cheese Stick Milk
13	14 Hot Chicken Sandwich Steamed Carrots Cauliflower Fruit Cup & ** Raisins Milk	15 Peperoni Calzone Steamed Corn Celery Sticks Banana Milk	16 Beef Taco in Bag WG Doritos Refried Beans Salsa & Cheese Applesauce & **Craisins Milk	17 Pizza Romaine Grape Tomatoes Apple Cookie Cheese Stick Milk
20 Beef Taco Stick Refried Beans Salsa Pear Milk	21 Cheeseburger WG Bun Corn Broccoli Florets Oranges Milk	22 Mac & Cheese Steamed Peas Fruitables WG Roll Banana Milk	23 Grilled Chicken WG Bun Green Beans Baby Carrots Sidekick & **Raisins Milk	24 Pizza Romaine Grape Tomatoes Apple Cookie Cheese Stick Milk
27 Alfredo Mixed Vegetable Celery Sticks Pear Milk	28 Beef Walking Taco WG Doritos Refried Beans Salsa & Cheese Applesauce & **Craisins Milk	29 Italian Pull apart Marinara Cup Steamed Broccoli Banana Milk	30 PB & J Uncrustable Cheesy Potatoes Steamed Carrots Orange Slices Milk	31

### News

**\*\*Please note that items may be substituted due to availability\*\***

### Meat/Alternate

**Grades K-5 - 1oz per day/ 8 oz. per week**

**Grades 6-8 - 1oz per day/ 9 oz. per week**

**Grades 9-12 - 2 oz. per day/ 10 oz. per week**

### Grain/Bread

**Grades K-5 - 1oz per day/ 8 oz. per week**

**Grades 6-8 - 1oz per day/ 8 oz. per week**

**Grades 9-12 - 2oz per day/ 10 oz. per week**

### Fruit

**Grade K-8 - ½ cup per day/ 2 ½ cups per week**

**Grades 9-12 - 1 cup per day/ 5 cups per week**

### Vegetable

**Grades K-8 - ¾ cup per day/ 3 ¾ cups per week**

**Grades 9-12 - 1 cup per day/ 5 cups per week**

### Milk

**1 cup 1% or Fat Free**