

# OCTOBER | 2025

## Toledo School for the Arts Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|    |                                   |  |   |   |   |
|----|-----------------------------------|--|---|---|---|
| 29 |                                   |  | 1 Chocolate Chip French Toast<br>Pear<br>Milk | 2 Cherry Apple Crunch<br>Banana<br>Milk             | 3 Strawberry Bagel<br>Orange Juice<br>Milk  |
| 6  | WG Cereal<br>Orange Juice<br>Milk | 7 Fruit Loop Waffle<br>Apple<br>Milk           | 8 Triple Berry Crunch Bar<br>Pear<br>Milk     | 9 Mini Cinn Roll<br>Banana<br>Milk                  | 10 Super Donut<br>Orange Juice<br>Milk      |
| 13 |                                   | 14 Oatmeal Chocolate Chip Bar<br>Apple<br>Milk | 15 Blueberry Pancake<br>Pear<br>Milk          | 16 Cinn. Toast Crunch Pastry<br>Banana<br>Milk      | 17 Lemon Crunch Bar<br>Orange Juice<br>Milk |
| 20 | WG Cereal<br>Orange Juice<br>Milk | 21 Maple Waffle<br>Apple<br>Milk               | 22 Cinnamon Pretzel Sticks<br>Pear<br>Milk    | 23 Celebration Cake Breakfast Bar<br>Banana<br>Milk | 24 Apple Frudel<br>Orange Juice<br>Milk     |
| 27 | Pop Tart<br>Orange Juice<br>Milk  | 28 Cinnamon Raisin Bagel<br>Apple<br>Milk      | 29 Banana Chocolate Chunk Bar<br>Pear<br>Milk | 30 Confetti Pancake<br>Banana<br>Milk               | 31  |

### News

**\*\*Please note that all items are subject to change\*\***

### Grain

**Grades K-5: 7-10oz Weekly  
Minimum 1 oz Daily  
Grades 6-8: 8-10oz Weekly  
Minimum 1oz `Daily  
Grades 9-12: 9-10oz  
Weekly  
Minimum 1oz Daily**

### Fruit

**Grades K-8: 1 Cup Daily  
And 5 Cups Weekly  
Grades 9-12: 1 Cup Daily  
And 5 Cups Weekly**

### Milk

**1 Cup 1% or Fat Free**