

SEPTEMBER | 2025

Toledo School for the Arts Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Sloppy Joes WG Bun Steamed Carrots Fruitables Sidekick & Craisins Milk	3 BBQ chicken Strips Cheesy Mashed potatoes Cornbread Baby Carrots Banana Milk	4 Hot Dog WG Bun Baked Beans Baby Carrots Orange Milk	5 Pizza Romaine Grape Tomatoes Apple Cookie Cheese Stick Milk
8 Meatball Sub WG Sub Bun Marinara Cup Green Beans Pear Milk	9 Hot Chicken Sandwich Steamed Carrots Cauliflower Fruit Cup & **Raisins Milk	10 Peperoni Calzone Steamed Corn Celery Sticks Banana Milk	11 Beef Taco in bag WG Doritos Refried Beans Salsa & Cheese Applesauce & **Craisins Milk	12 Pizza Romaine Grape Tomatoes Apple Cookie Cheese Stick Milk
15 Frito Boat/Chicken Black Beans Cheese Salsa Pear Milk	16 Cheeseburger WG Bun Green Beans Broccoli Florets Oranges Milk	17 Mac & Cheese Steamed Peas Fruitables WG Roll Banana Milk	18 Grilled Chicken WG Bun Green Beans Baby Carrots Sidekick & **Raisins Milk	19 Pizza Romaine Grape Tomatoes Apple Cookie Cheese Stick Milk
22 Alfredo Mixed Vegetable Celery Sticks Pear Milk	23 Beef Walking Taco WG Doritos Refried Beans Salsa & Cheese Applesauce & **Craisins Milk	24 Italian Pull apart Marinara Cup Steamed Broccoli Banana Milk	25	26
29 Rodeo Burger WG Bun BBQ Sauce & Funyuns Baked Beans Baby Carrots Pear Milk	30 Sweet & Sour Meatballs Fried rice Fruitables Cucumbers Sidekick & **Raisins Milk	1	2	3

News

****Please note that items may be substituted due to availability****

Meat/Alternate

Grades K-5 - 1oz per day/ 8 oz. per week

Grades 6-8 - 1oz per day/ 9 oz. per week

Grades 9-12 - 2 oz. per day/ 10 oz. per week

Grain/Bread

Grades K-5 - 1oz per day/ 8 oz. per week

Grades 6-8 - 1oz per day/ 8 oz. per week

Grades 9-12 - 2oz per day/ 10 oz. per week

Fruit

Grade K-8 - ½ cup per day/ 2 ½ cups per week

Grades 9-12 - 1 cup per day/ 5 cups per week

Vegetable

Grades K-8 - ¾ cup per day/ 3 ¾ cups per week

Grades 9-12 - 1 cup per day/ 5 cups per week

Milk

1 cup 1% or Fat Free